

Yew Tree Newsletter



DREAMBIG
Determined – Resilient – Empowered – Adventurous –
Motivated – Beautifully Behaved – Inclusive – Generous

Dear Yew Tree families,
 Next Week is Children's Mental Health Week 2025. Place 2 Be launched their very first week in 2015 to empower and equip children across the UK to share their voice. This year's theme is, **'Know Yourself, Grow Yourself.'**

It is so important we understand what makes us tick, our likes and dislikes, strengths, fears, hopes and dreams. Our emotions play a key role in telling us just that, and being aware of how to listen to and express ourselves is a major part of building self-awareness. It is through knowing ourselves and speaking with others, that we can build resilience, grow and develop. So, children across school will be focusing on this theme during classroom work, workshops and assemblies next week and alongside our regular wellbeing item in our weekly newsletters, we will be sharing their '5 Top Tips for Families', via Class Dojo next week too.

Have a lovely weekend.

Mrs O'Hanlon



Tips for Families, Children & Young People ...

TOP TIPS FOR CHILDREN AND YOUNG PEOPLE

Place 2Be

1 Be curious about your emotions
 You're fascinating! Take notice of your emotions and thoughts, either as they come up or maybe later on that day. You can use techniques like meditation or journaling to help you make sense of what is going on inside of you.

3 Feedback, feedback, feedback
 Other people we know can often see things about us that we miss. Sometimes these can be areas for us to develop and sometimes they can be our strengths. Either way it's great to have a friend, family member or teacher that can help us with our blind spots

2 What matters most
 Our values are often what make us tick, so reflect on what really matters to you. Are you ambitious, funny, kind, creative? Similar to Riley, our beliefs can evolve as we grow older and have new life experiences. If you're feeling lost or confused, take a moment to think about what drives you. It may help you understand yourself better and make choices that feel right for you.

4 Get creative expressing yourself
 Creativity can often help us express emotions and show parts of ourselves that are sometimes hidden. If you are feeling blue like Sadness, painting might help. If you are feeling bright and happy like Joy, song and dance could be the creative outlet for you. Whether it's painting, music, dance, drama or something else, find your creative outlet and share it with others.

If you're a young person struggling with any kind of mental health worries, reach out in a way that suits you. From speaking to someone or grabbing some info, to webchat or text, there's people ready and waiting to help [Here4You.co.uk](https://www.here4you.co.uk)

Own Clothes Day next Friday to raise funds for Children's Mental Health Charity Place2Be & NSPCC

Our Primary Leadership Team have suggested some ideas for fundraising this year, one of which is an **Own Clothes Day**.

So, next Friday 7th February we are asking that children come into school in their own clothes and **donate £1 (cash on gate or ParentPay) and wear number themed own clothes.**

YOUR SUPPORT WILL IMPROVE CHILDREN'S MENTAL HEALTH

Place2Be's CHILDREN'S MENTAL HEALTH WEEK

£16
could pay for a child to speak to a qualified counsellor about their worries in a lunchtime session

£54
could pay for a child struggling with trauma to have a 50-minute one-to-one session with a counsellor.

£252
could pay for 4 specialised parent coaching sessions for a parent and child to have together

£500
could allow 31 children to speak to a mental health professional about issues like anxiety, low mood or self harm

£1080
could help fund a full round of one-to-one counselling session for 2 vulnerable children

"I don't normally share with people, and I don't like talking because of my trust issues, but I've learnt to trust you!"
Child helped by Place2Be

NSPCC Number Day ... Friday 7th February

As we are holding an Own Clothes Day next Friday 7th February - we ask that this has a Number theme to link with NSPCC Number Day activities that day too.



<https://www.facebook.com/search/top?q=yew%20tree%20primary%20academy>



yewtreepa



Instagram

yewtreeprimaryacademy

Swimming ...

Alder Class will be taking part in swimming lessons

Tues 4th Feb – Friday 7th Feb

Tues 11th Feb – Friday 14th Feb

Please ensure children have full swimming costumes or trunks, a swimming cap and water bottle. Children can wear goggles if needed.

Weekend Wellbeing... Friendly February Action for Happiness ...

This is a great website that has lots of ways to help you with your mental wellbeing. <https://actionforhappiness.org> Here are their ideas for this weekend ...



Action for Happiness' 10 Keys to Happier Living – 'GREAT DREAM'



Relating

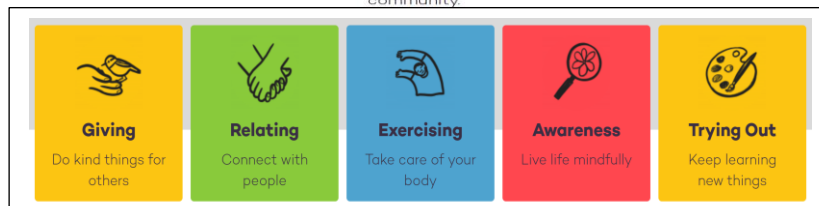
Connect with people

Feeling connected to other people is at the heart of happiness – theirs and ours.

Whether these connections are with our partners, families, friends, work colleagues, neighbours or others in our communities, they can all contribute to happiness and resilience. So taking action to build, maintain and strengthen our relationships is important.

Having close relationships with family or friends provides love, meaning, support and can increase our feelings of self-worth. Our broader social networks, like those in our local community or at school or work, can contribute to a sense of belonging. Indeed studies show people with strong relationships are happier, healthier and may even live longer [1,2,3,4,5]. Having a network of social connections or high levels of social support even appears to increase our immunity to infection, lower our risk of heart disease and reduce mental decline as we get older [7].

There's lots we can do to build and maintain our relationships and feel more connected to our community.



For each of the ten, you'll find information on the science, opportunities for reflection and practical actions to help apply them to your daily life, by following the link below and clicking on the key you want to explore more...

<https://actionforhappiness.org/10-keys>

Happy January Birthday to...

- Fyffe
- Lennon
- Jack
- Charlie
- Lewie
- Harman
- Denver
- Scarlett
- Carter
- William
- Araya
- Francesca
- Thomas
- Liam
- Sophia
- Tymofii
- Oscar
- Sylver
- Darcy
- Josh



Swimming Dates

****CHANGE OF DATES****

Swimming Lessons take place in Volair Halewood Tuesday to Friday .

Y4

**February
4th to 14th**

Y3

**February
25th to 28th**

Y2

**March
4th to 7th**

Y5

**July
1st to 11th**

Knowsley's Musical Mondays

Free ensembles run on Monday evenings at St Edmund Arrowsmith Catholic Academy and all pupils from across Knowsley are welcome.

Numbers are growing and the team would love to welcome more!

Absolute beginners are welcome and instruments can be provided.

<https://www.knowsley.gov.uk/libraries-leisure-and-culture/knowsley-music-and-performing-arts-service>

Premier League's 'More than a Game' Campaign 1st-16th February.

The children have been provided with an exciting opportunity for budding young artists to take part in this campaign which aims to highlight the impact of football and showing that the Premier League is much more than just a game.

The children were asked to draw and design key matchday visuals that could be used as content during the campaign period. If an entry from a pupil is selected by the Premier League their whole class will be invited to Goodison Park in Spring Term 2 to celebrate their success. Here are just some entries.



Knowsley Safari Park Visit – 'Planet Protectors'.



The Sensory Hive Short Break Activity for Families

The Sensory Hive

Knowsley Council

COFFEE, CHAT & CHILL

**EVERY MONDAY
9.30-11AM
STARTS 30/9/24**

POP IN EACH MONDAY FOR CUPPA AND CATCH UP
OPTIONAL SELF CARE ACTIVITY AVAILABLE
DRINKS AND BREAKFAST PROVIDED

£2 PER PERSON

THE SENSORY HIVE LTD, WEYMAN AVENUE,
WHISTON, MERSEYSIDE, L35 24W
WWW.THESENSORYHIVE.CO.UK

PART FUNDED BY KNOWSLEY COUNCIL SHORT BREAKS GRANT
BABIES AND TODDLERS WELCOME BUT WILL BE CHARGED AT £3 EACH TO
ACCESS THE SENSORY GYM (A WAIVER MUST BE COMPLETED AND CHILDREN
MUST BE SUPERVISED AT ALL TIMES)

The Neurodiverse Family Support Network

Neurodiversity Celebration Event

**Sunday 23rd March 2025
12pm - 3pm**

Join us in Sefton Park Palm house for our annual neurodiverse awareness event. Bringing together the best support and activities across the city for neurodiverse families.

Sefton Park, Liverpool L17 1AP

<https://neurodiversefamilysupport.org.uk/>
Hello@neurodiversefamilysupport.org.uk
The Neurodiverse Family Support Network
@Neurodiverse_Family_Support

**PALM HOUSE
SEFTON PARK**

**THE NEURODIVERSE CELEBRATION...
SUN. 23 MAR. 12:00 GMT**

Weekly Attendance

Here is our weekly attendance % for each class...

Class	Attendance %
Oak Miss Hanlon	83.2
Fir Miss Lever-Stanton	80.5
Maple Miss Langshaw	98.0
Elm Miss Dickinson	96.6
Alder Mrs Sargison	88.3
Beech Mrs Heeley	85.3
Willow Mrs Mahar/ Miss Roberts	83.8
Ash Mrs Brady Duck	97.8
Birch Ms Riley	94.4
Cedar Mrs Lynas	75.5

Congratulations to Maple, Elm & Ash – great attendance this week!

Class Attendance Winners

Every Friday, we look back at the previous week's attendance, from Friday to Thursday and our top three classes are celebrated in assembly. This week's top 3 are:

Mainstream Classes

- 1st – Maple
- 2nd – Elm
- 3rd – Alder

DSP Classes

- 1st – Ash
- 2nd – Birch
- 3rd – Cedar

Attendance for this year so far is...

91.9%

This week's attendance is...

88.6%



All holidays in term time are classed as unauthorised absences and Educational Penalty Notices are issued automatically as part of our policy which is in line with the LA guidance.

WHAT DO THE NEW ATTENDANCE RULES MEAN FOR ME?

I'M A SINGLE PARENT OF ONE CHILD AND WE WANT TO GO ON HOLIDAY FOR A WEEK

Your holiday will not be authorised and you need to inform school before you book anything. As your child will miss 5 school days, you will be fined £160, which will drop to £80 if paid within 21 days.

£160 FINE

FOR EVERY CHILD A PENALTY IS GIVEN

4 children and 1 parent = £640

Reduced to £320 if paid within 21 days.

+£160

+£160

+£160

FOR EVERY PARENT A PENALTY IS GIVEN

- 2 parents & 1 child = £320
- 2 parents & 2 children = £640
- 2 parents & 3 children = £960
- 2 parents & 4 children = £1280

£1280 FINE

FOR MORE INFORMATION ABOUT THESE NATIONAL CHANGES, GOOGLE 'WORKING TOGETHER TO IMPROVE SCHOOL ATTENDANCE'

IRREGULAR ABSENCE

10

IN

10

If your child is absent for 10 or more sessions in a 10 week period and their absence is unauthorised, then the school will consider prosecution.

2 SESSIONS = 1 DAY

IF DURING A 3 YEAR PERIOD YOUR CHILD HAS A 2ND OR 3RD UNAUTHORISED HOLIDAY OR IRREGULAR ATTENDANCE...

2ND TIME
There will be no discounted penalty for paying early

3RD TIME
Your case will be taken to court. A magistrate can fine each parent **£2500** for each child



MEMBER OF THE WAIDE DEACON TRUST



Congratulations

Reception	AB
Year 1	HT
Year 2	LJ
Year 3	IM
Year 4	MJ
Year 5	LH
Year 6	OG
Ash	AW
Birch	SG
Cedar	LH



MATHS

TT Rockstars
Most Important
Players this week...

- Y2 Phillip
- Y3 Sofia
- Y4 Rio
- Y5 Bara
- Y6 Rohan

Daniel's Sports Stars of the Week are...

OSCAR – Y2
SCARLET – Y3



Mrs Walton's Music Star of the Week is ...

ALFIE J – Y6

